PCN Insights Pack 2024

Attenborough

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Working together
for a healthier future

Hertfordshire and
West Essex Integrated
Care System

Introduction

This latest version of the PCN pack has been developed around the ICB Clinical Priorities signed off by the ICB Board in March 23 and how they align to the population outcomes we are aiming to achieve. (See tables on the right hand side.)

The data contained within this pack compares the PCN data against Place and ICB. An overview table of all the data is available on the following page with areas of opportunity highlighted.

Some data will not be available at PCN level e.g. mortality rate for CVD. Where this is the case, proxy measures that will lead to improving this will be included e.g. early identification.

Where opportunities link with areas within the ECF or QOF a selection of related indicators have been shared alongside a link to Ardens Manager.

The data within this pack are shown at PCN level and are health focused. However to improve outcomes for our population, input from many partners is required. This pack can facilitate discussion within your Integrated Neighbourhood Teams as described within the Primary Care Strategy and also the wider HCP transformation spaces supported by your Primary Care Transformation leads.

Packs for other PCNs, Localities and Place can be found:

Population health management – Hertfordshire and West Essex Integrated Care System (hertsandwestessexics.org.uk)

Here you can also find previous PCN packs outlining the descriptive demographics for the PCNs.

Area	Clinical Priority
CYP	• Improved Readiness for school in children eligible for FSM • Reduce rates of Childhood obesity • Reduced unnecessary A&E attendances and admissions
Prevention and Health Inequalities	• Reduced premature mortality rate for CVD
LTC & Frailty	• Reduce attendance and admissions for falls, people with frailty and people in last year of life • Development of more proactive, preventative care models for management of LTC and Frailty
Mental Health	• Reducing suicide rates and attendances/ admission rates for self-harm • Reducing rates of A&E attendances involving substance misuse and violence

Outcome	Definition
Improve life expectancy	Average age at death for people who have died in the last 12 months
Improve healthy life expectancy	Average age of people who have left the 'healthy' segment in the last 12 months
Reduce the proportion of people living with advanced disease and complexity	Proportion of the registered population who are in the advanced disease and complexity segment (segment)
Reduce the rate of ambulatory care sensitive emergency hospital admissions	Rate of ambulatory care sensitive emergency admissions in the last 12 months
Reduce the overall spend on emergency hospital admissions	Spend on Emergency hospital admissions within a financial year

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Attenborough PCN at a Glance

The table on the right provides a summary of the data contained within this pack. It highlights how the PCN data compares with Place and ICB.

For Attenborough PCN areas of opportunity highlighted are :

- **Children A&E Attendances and admissions for Asthma**

- **Children admissions for Epilepsy**

- **Observed versus expected prevalence, including hypertension**

- **Emergency admission for Ambulatory Case Sensitive conditions**

- **Admissions for falls (75+)**

- **Admissions for Hip Fractures (75+)**

The following link takes you to Ardens Manager where there are reports. Here you will find the latest information on identification of LTCs and details of case finding Ardens searches available within EMIS and Systmone.
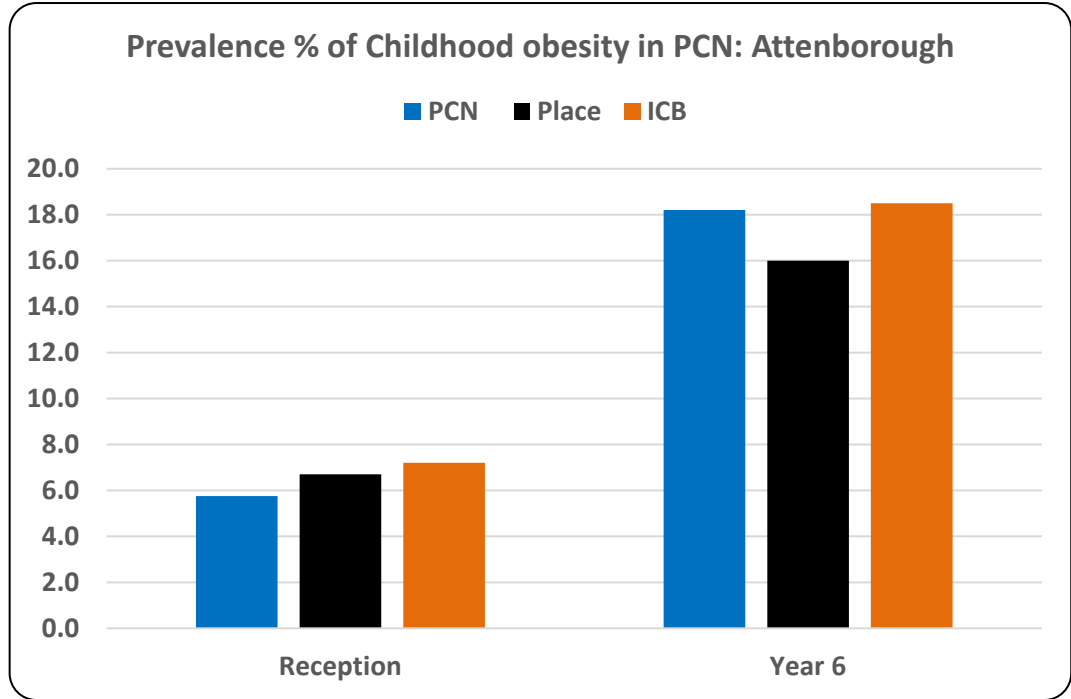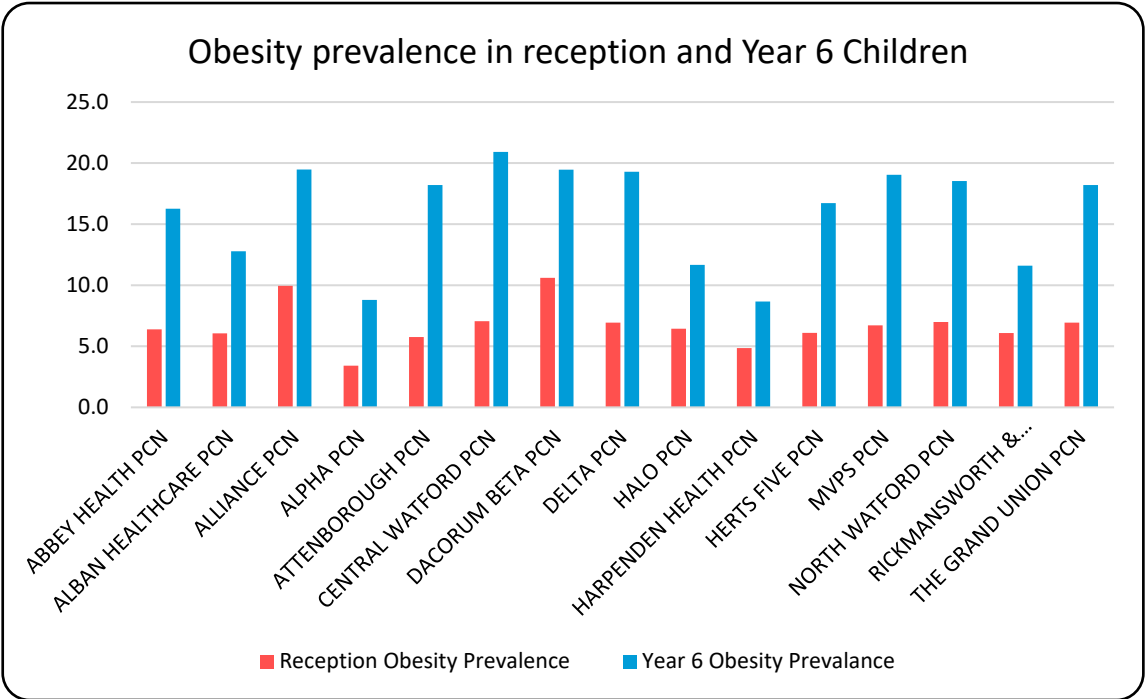
https://app.ardensmanager.com/login

Clinical Priority	Metric	PCN compared to Place average	PCN compared to ICB average
Childhood obesity	% of children in Reception who are overweight	↓	↓
	% of children in Year 6 who are overweight	↑	↓
Reduce rates of emergency care for children and young people	A&E Attendances for Asthma (Children)	↑	↑
	Admissions for Asthma (Children)	↑	↑
	Admissions for Wheeze (Children)	↓	↑
	Admissions for Diabetes (Children)	↑	↑
	Admissions for Epilepsy (Children)	↓	↓
Prevention and health inequalities (Premature mortality for CVD) Preventative, Proactive care models for LTC	Lifestyle risk factors: Smoking	↔	↔
	Observed versus expected prevalence	↓	↓
	Annual Reviews completed for LTCs	↔	↔
	% of people with AF treated with Anti Coagulant	↔	↔
	Control of hypertension	↔	↔
	Identification of hypertension	↓	↓
	% of people for secondary prevention CVD who are on low and medium intensity statins	↔	↔
	% of diabetics with all 8 care processes completed	↔	↓
	Admissions of ACS conditions	↑	↑
Preventative, Proactive care models for frailty and EOL	Admissions for falls (75+)	↑	↑
	Admissions for Hip Fractures (75+)	↑	↑
Mental Health	Prevalence of Mental Health Conditions including LD	↑	↑
	Admissions for Self-Harm	↔	↑

Rates of Childhood Obesity

- Compared to the ICB and Place rate, Attenborough PCN has lower rate of Childhood Obesity for Children in Reception. However, the rate of Childhood Obesity at Year 6 is higher when comparing with Place.

- In keeping with the national data, the PCN rates for Childhood Obesity are higher for year 6 in comparison to reception children.

- The data suggest that there is a deterioration from reception to Year 6 in childhood obesity in the PCN position against Place and ICB.
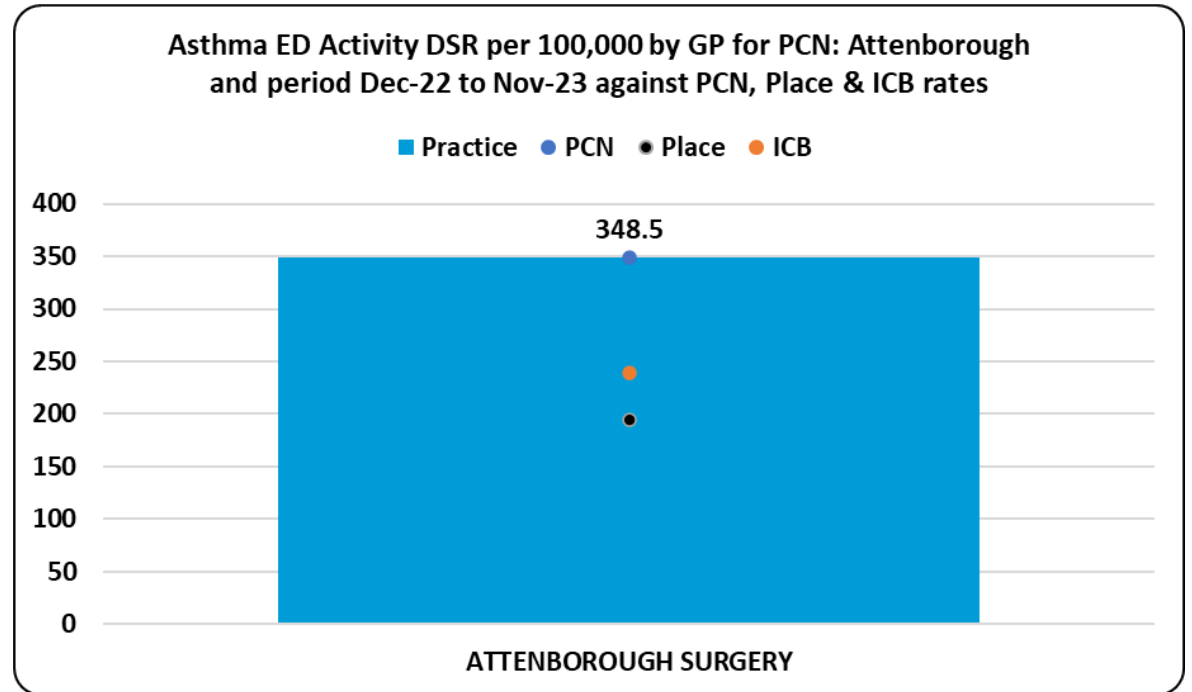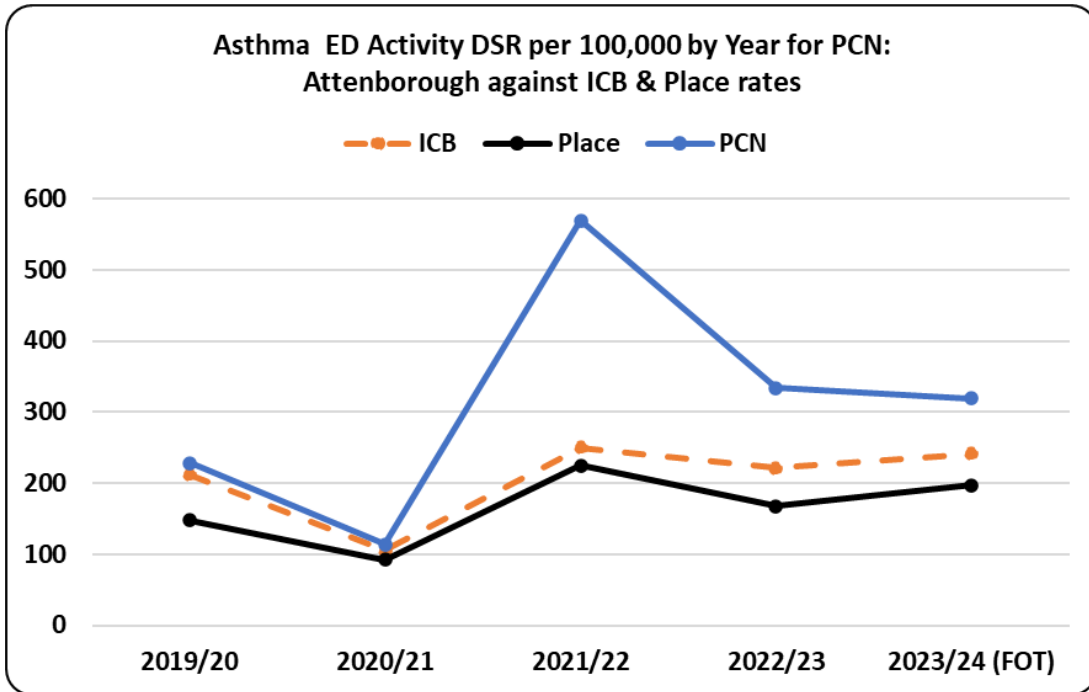

Obesity prevalence in reception and Year 6 Children

Reception Obesity Prevalence | Year 6 Obesity Prevalance

Prevalence % of Childhood obesity in PCN: Attenborough

PCN | Place | ICB

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A&E attendances for Asthma (CYP)

- Compared to Place and the overall ICB, Attenborough PCN has a higher rate of A&E attendances for Children and Young People with Asthma (rolling years data on the right-hand side).

- Rates of Children and Young People attending A&E for Asthma have increased since 2020/21 post covid. The rates fluctuate annually with the latest forecast outturn from November data showing a slight reduction on the previous year.

- The Children and Young Peoples programme can be contacted via hweicbenh.cypteam@nhs.net for details of current projects.

Asthma ED Activity DSR per 100,000 by Year for PCN: Attenborough against ICB & Place rates

Asthma ED Activity DSR per 100,000 by GP for PCN: Attenborough and period Dec-22 to Nov-23 against PCN, Place & ICB rates

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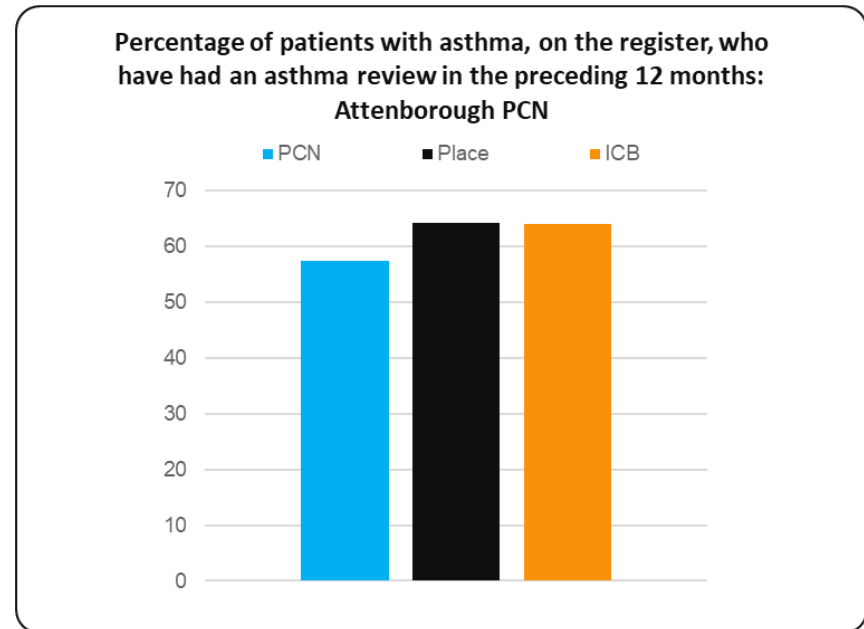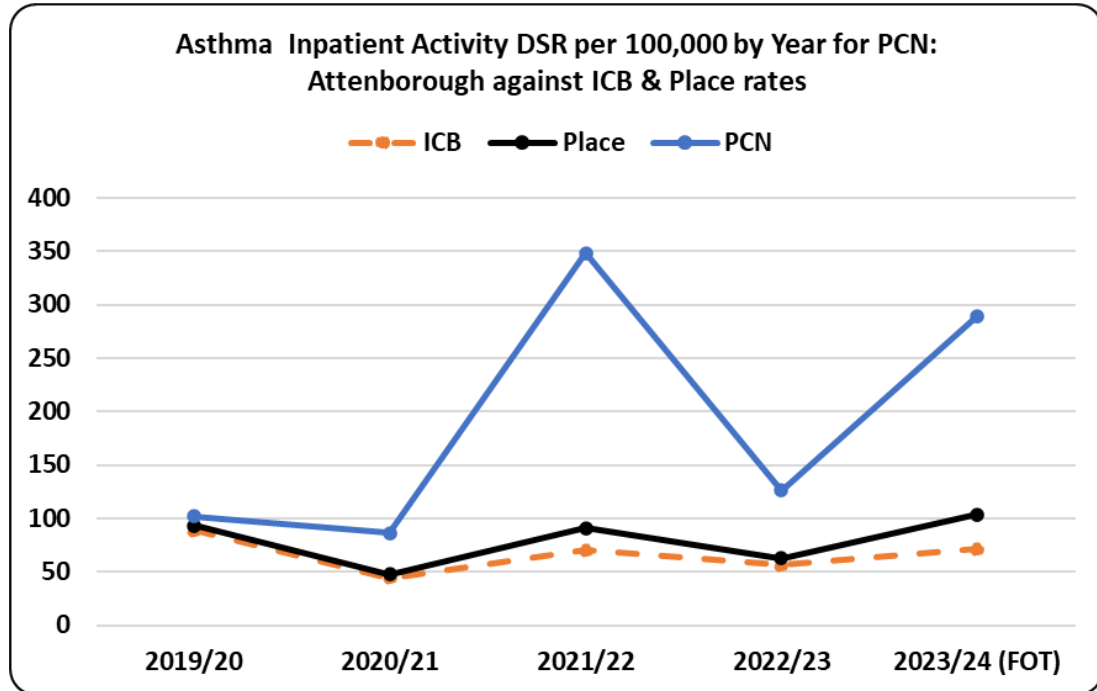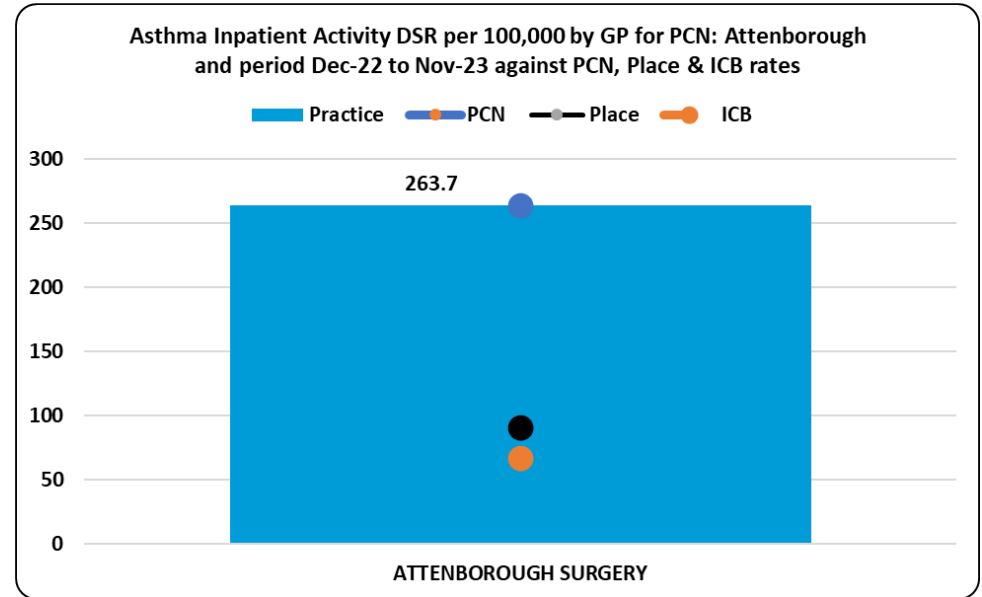
Source: SUS

Admissions for Asthma (CYP)

- Compared to Place and the overall ICB, Attenborough PCN has a higher rate of admissions for Asthma (rolling years data on the right-hand side).

- The trend data shows a consistently higher rate of admissions for Asthma for Attenborough PCN than place and ICB.

- A lower percentage of Asthma reviews are carried out within Attenborough PCN in comparison to Place and the ICB, however the QOF is for all ages and children specific reviews cannot be identified within the data.

Asthma Inpatient Activity DSR per 100,000 by GP for PCN: Attenborough and period Dec-22 to Nov-23 against PCN, Place & ICB rates

Asthma Inpatient Activity DSR per 100,000 by Year for PCN: Attenborough against ICB & Place rates

Percentage of patients with asthma, on the register, who have had an asthma review in the preceding 12 months: Attenborough PCN

Source: SUS; QOF

Admissions for Wheeze (CYP)

- Attenborough PCN has a higher rates of Children and Young People admitted to hospital for abnormalities of breathing including wheeze compared to ICB but slightly lower than Place.

- Rates of Children and Young People admitted to Hospital for Wheeze fluctuate annually with the latest forecast outturn from November data showing a decrease on the previous year, following a similar trend to the ICB.
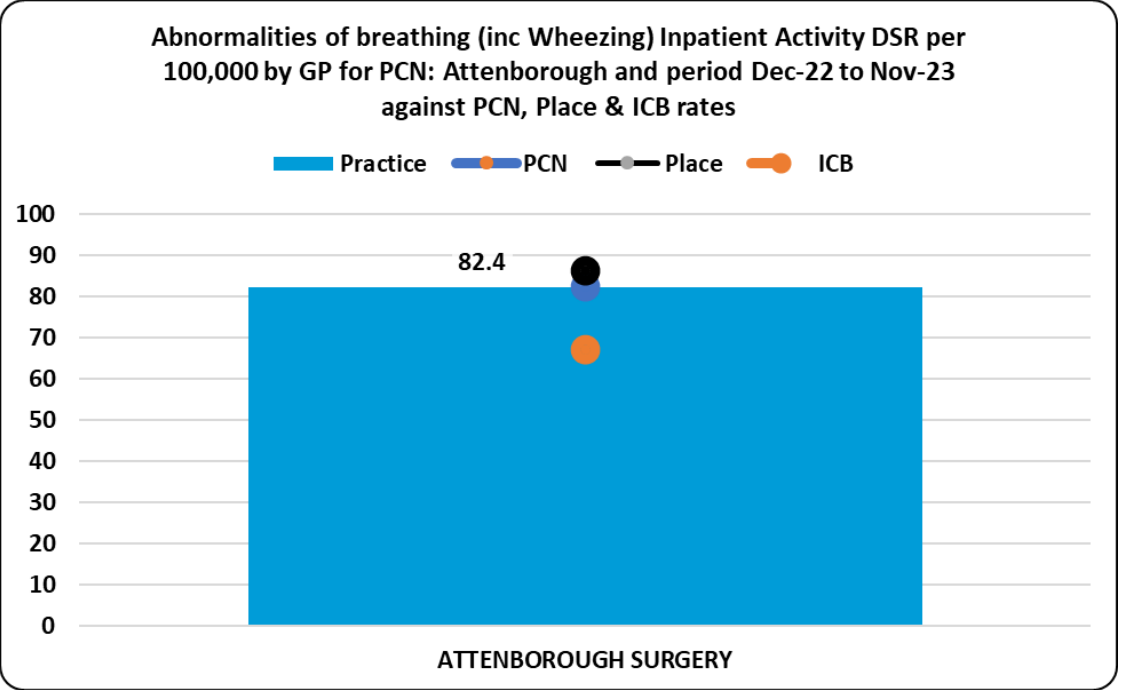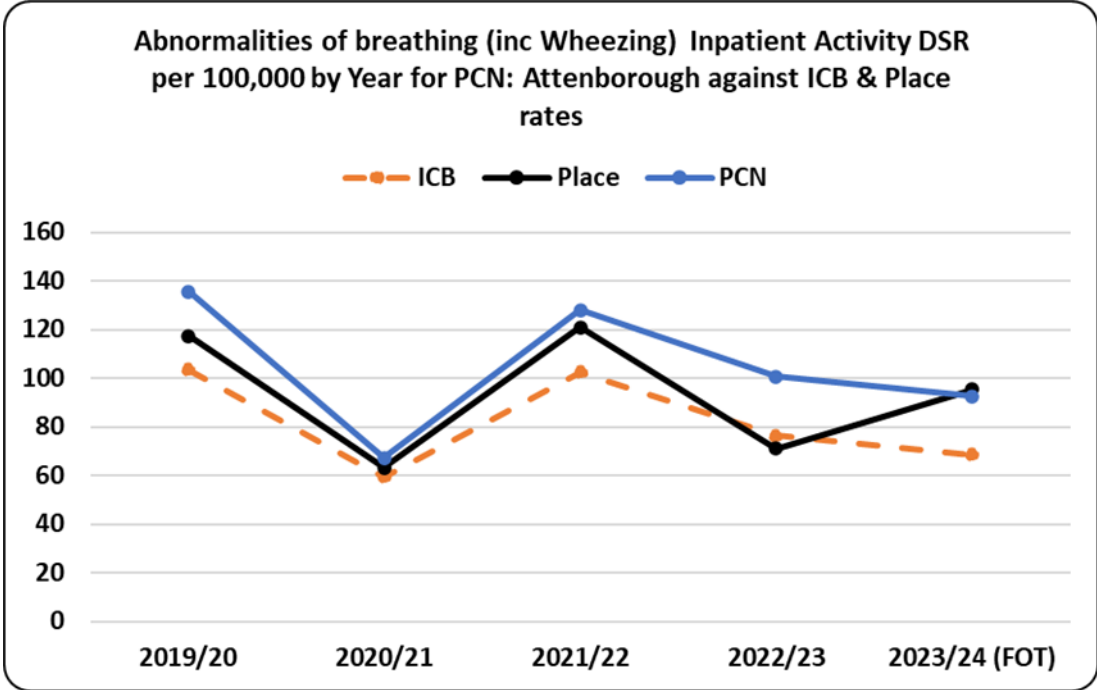
Abnormalities of breathing (inc Wheezing) Inpatient Activity DSR per 100,000 by Year for PCN: Attenborough against ICB & Place rates

Abnormalities of breathing (inc Wheezing) Inpatient Activity DSR per 100,000 by GP for PCN: Attenborough and period Dec-22 to Nov-23 against PCN, Place & ICB rates

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Source: SUS

Admissions for Diabetes (CYP)

- Diabetes is identified as an area of focus within the Core 20 plus 5 for children. The rate of admission for Attenborough PCN is higher than both place and ICB (latest 12 months data on the right hand side).

- The numbers of children admitted for diabetes are small and this should be considered when looking at the data, however the latest data shows and increase compared with previous years.

- The data for diabetes will continue to be monitored at wider HCP and ICB footprints.
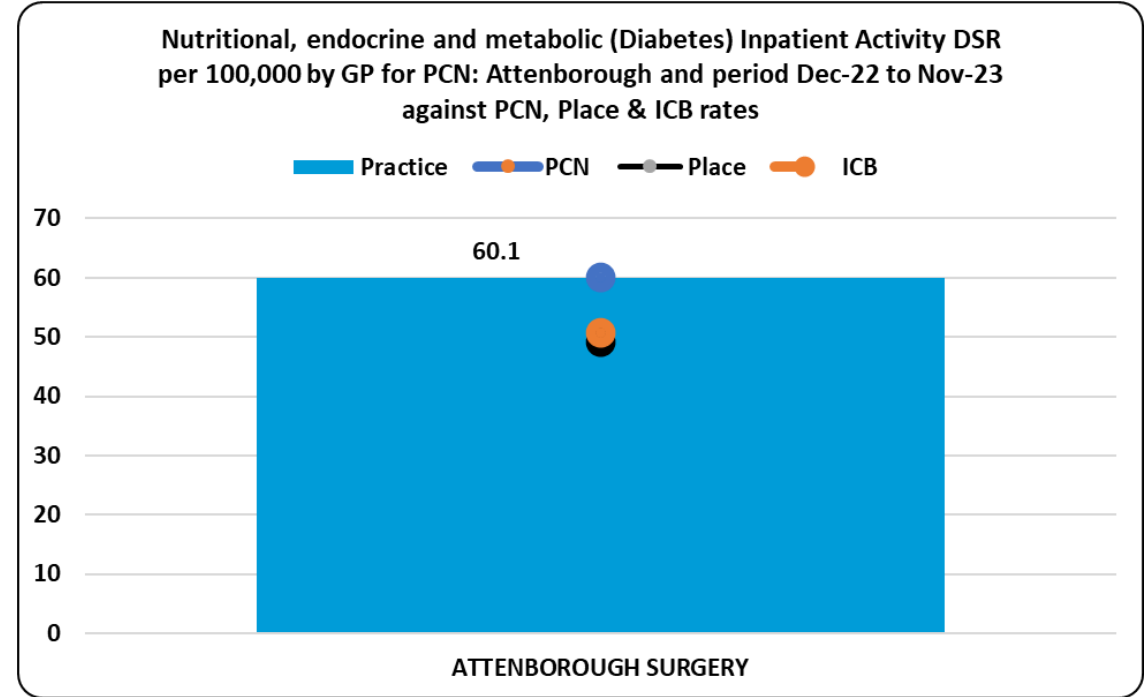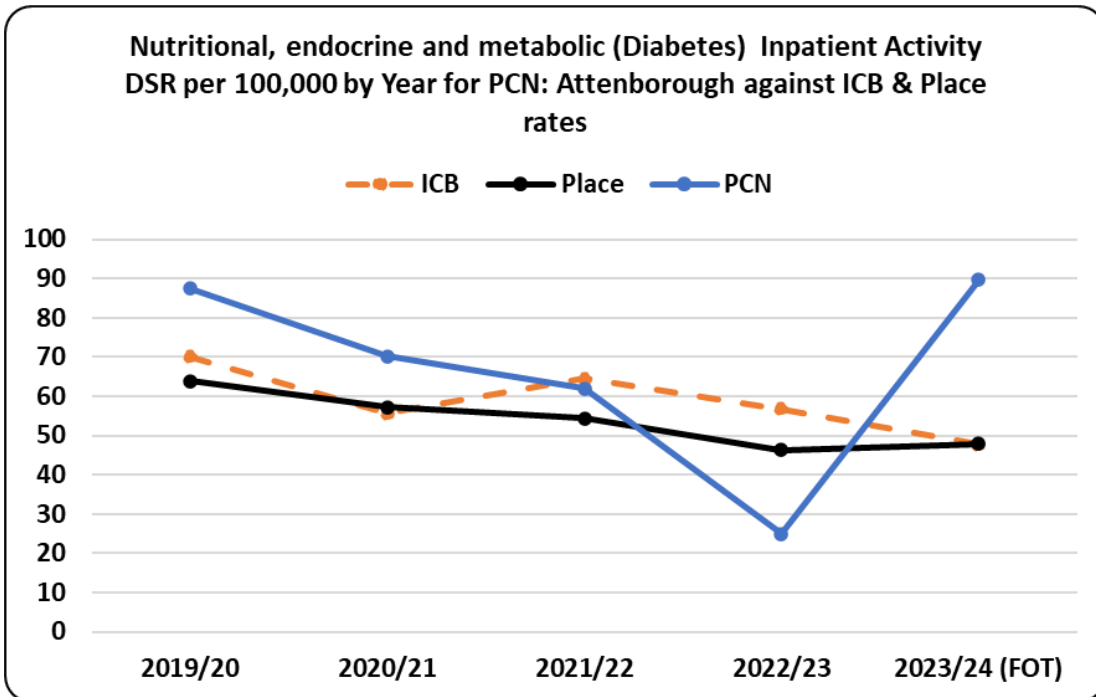
Nutritional, endocrine and metabolic (Diabetes) Inpatient Activity DSR per 100,000 by Year for PCN: Attenborough against ICB & Place rates

Nutritional, endocrine and metabolic (Diabetes) Inpatient Activity DSR per 100,000 by GP for PCN: Attenborough and period Dec-22 to Nov-23 against PCN, Place & ICB rates

Hertfordshire and West Essex Integrated Care System

Source: SUS

Admissions for Epilepsy (CYP)

- Epilepsy is identified as an area of focus within the Core 20 plus 5 for children.

- The rate of admission for Attenborough PCN is lower than both place and ICB (latest 12 months data on the right hand side).

- The numbers of children admitted for epilepsy are small and this should be considered when looking at the data. The data for epilepsy will continue to be monitored at wider HCP and ICB footprints.

Epilepsy Inpatient Activity DSR per 100,000 by Year for PCN: Attenborough against ICB & Place rates

Epilepsy Inpatient Activity DSR per 100,000 by GP for PCN: Attenborough and period Dec-22 to Nov-23 against PCN, Place & ICB rates

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Source: SUS
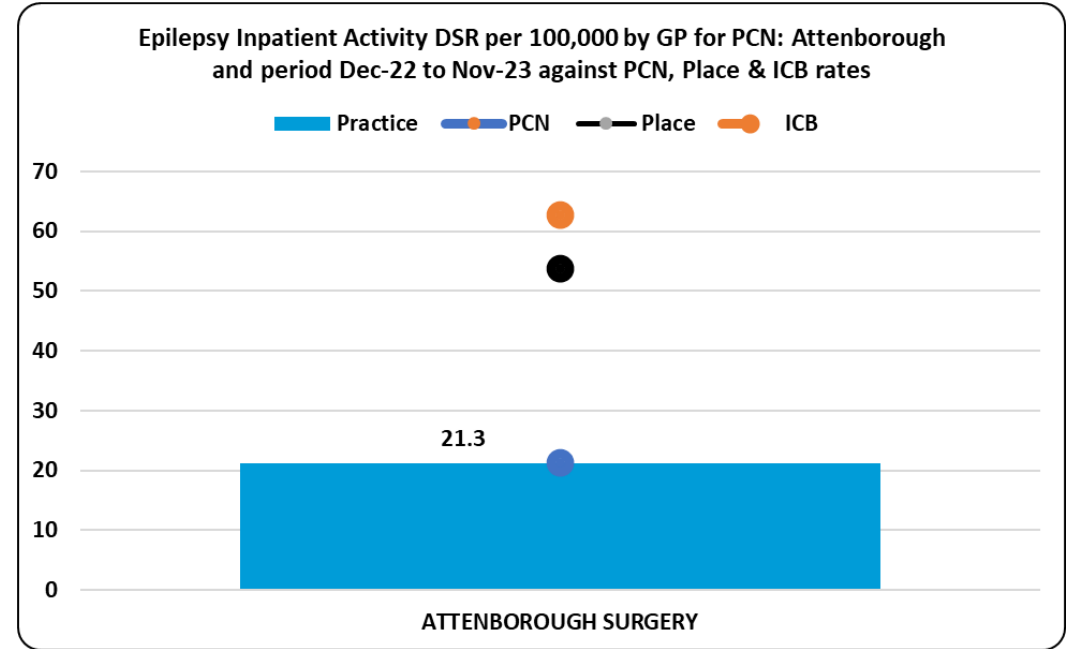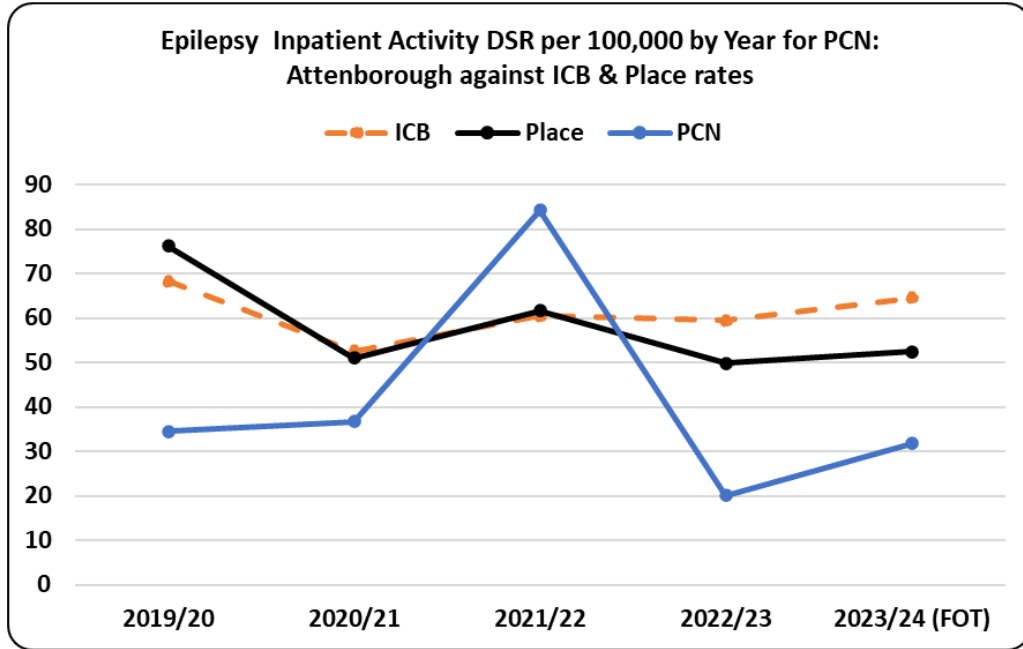
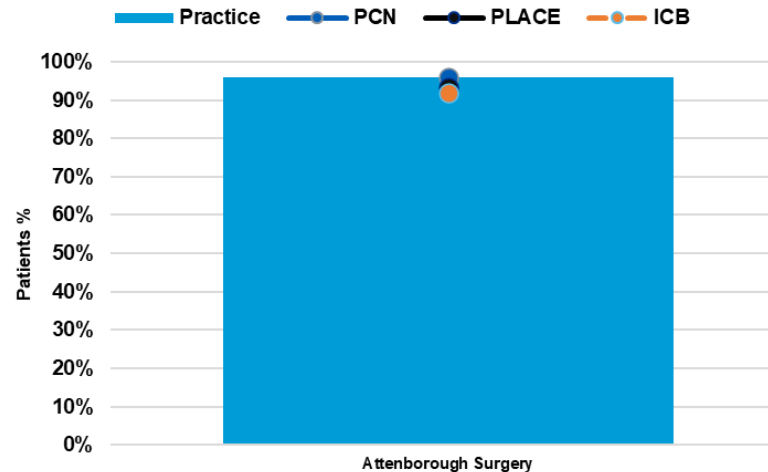# Prevention and health inequalities – Lifestyle factors - Smoking

- Attenborough PCN data for smoking shows slightly higher proportion of people offered support than ICB and place.

- The table to the right gives detail by condition of the opportunity for further recording of smoking status. This shows the position in January. The latest position can be found on https://app.ardensmanager.com/login

	ECF 2023-24 - Condition Section Under Smoker, Smoking Status, and Smoking Status Recorded - as of Jan. 2024					
	Pre-Diabetes		Diabetes		Atrial Fibrillation	
Practices	Remaining % of Population with a Smoking status	Smoking Available Patients - Number	Remaining % of Population with a Smoking status	Smoking Available Patients - Number	Remaining % of Population with a Smoking status	Smoking Available Patients - Number
Attenborough Surgery	35%	2767	15%	2172	0%	31

Percentage of patients* whose notes record smoking status in the preceding 12 months
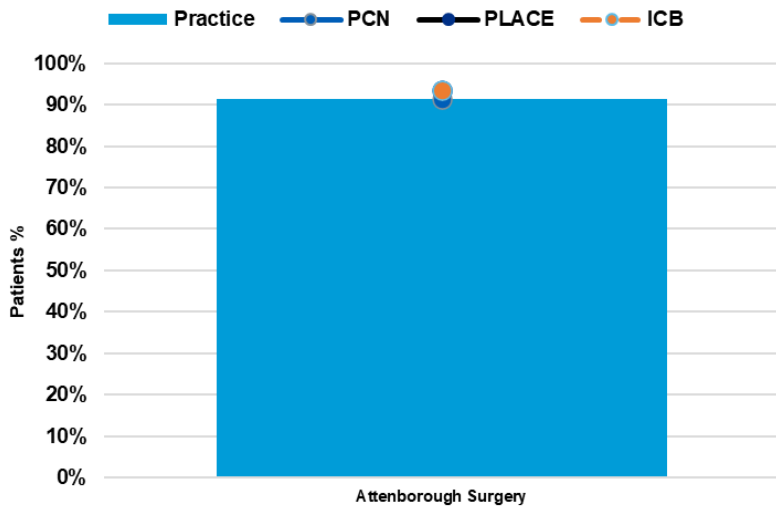
Percentage of patients aged 15+ who are current smokers with a record of an offer of support & treatment within preceding 24 months

Percentage of patients* who are current smokers with a record of an offer of support & treatment within the preceding 12 months

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* with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses
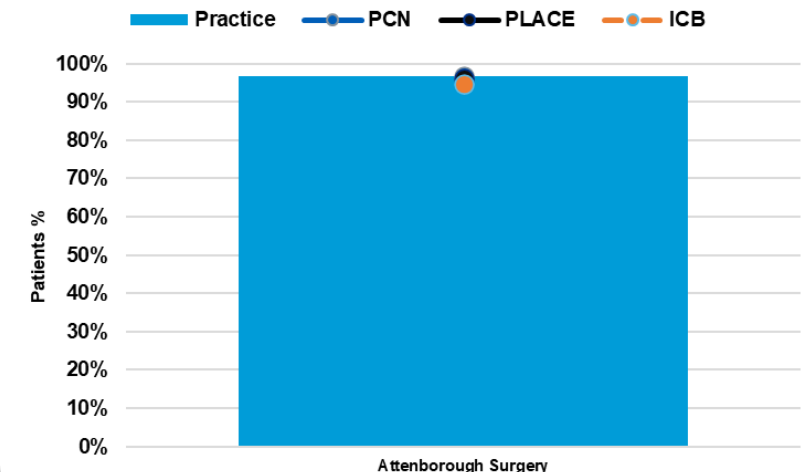
Prevention and health inequalities
Early Identification: Expected vs observed prevalence

LTC Outcome – Proportion of people with a long-term condition who feel able to manage their condition → ICB overarching outcome of reduce the proportion of people living with advanced disease and complexity

The data on this page shows the national modelled estimated prevalence for the PCN compared with the latest published QOF prevalence for the PCN.
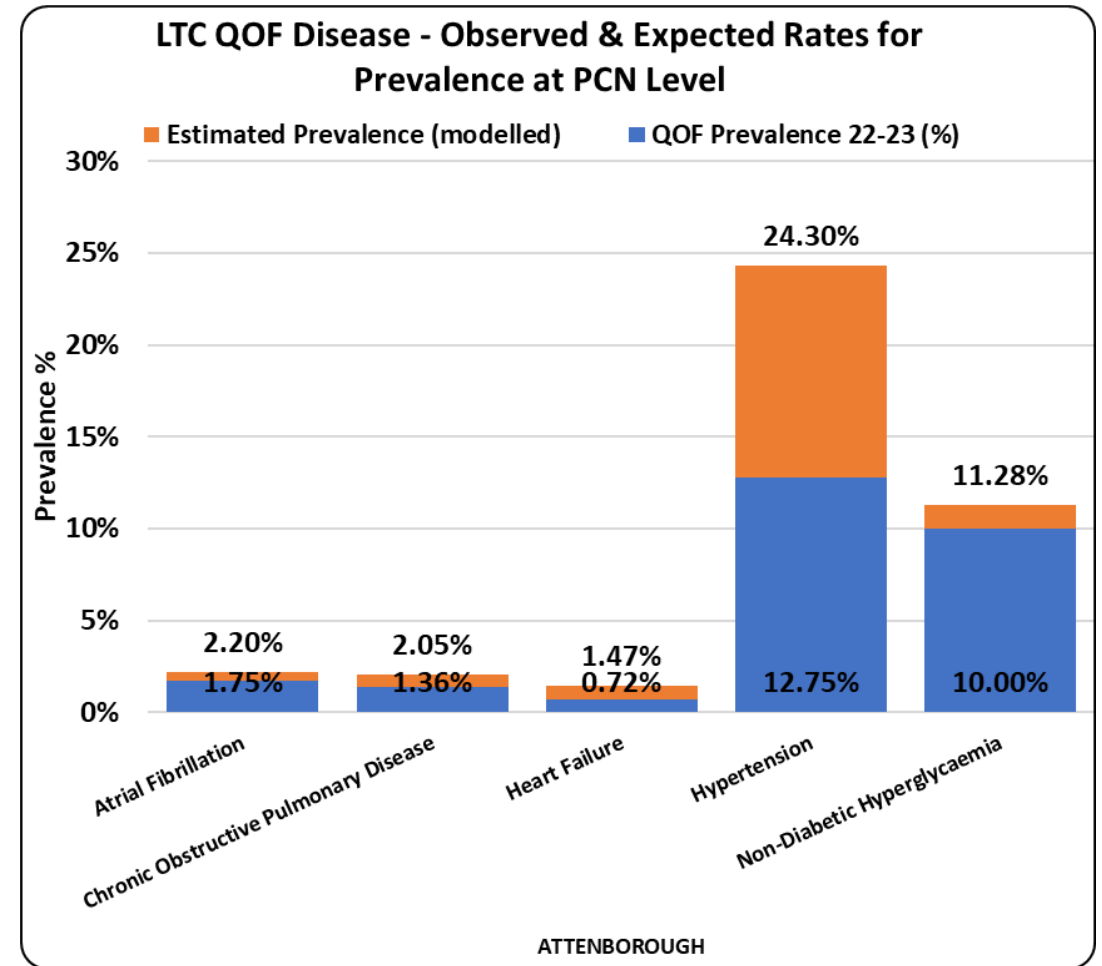
- Attenborough PCN recorded prevalence compared with the modelled estimated prevalence for the PCN is lower across all conditions.

- The data shows an opportunity for further identification for these conditions. Case finding searches can be found within the Ardens Suite of searches.
  https://app.ardensmanager.com/login

Disease Detection Modelling for Attenborough PCN - No. of New Diagnoses to Meet ICS & PLACE Rates - 2023/24

Disease/ Condition	Number to meet ICS rate	Number to meet PLACE rate
Asthma	1826	47
Atrial Fibrillation		84
Chronic Kidney Disease	848	287
Chronic Obstructive Pulmonary Disease		
Coronary Heart Disease	850	23
Diabetes Mellitus		
Epilepsy	177	18
Heart Failure		
Hypertension	4328	154
Non-Diabetic Hyperglycaemia		
Peripheral Arterial Disease	136	
Stroke and Transient Ischaemic Attack	515	69

LTC QOF Disease - Observed & Expected Rates for Prevalence at PCN Level

Estimated Prevalence (modelled) ■ QOF Prevalence 22-23 (%)

- Atrial Fibrillation: 2.20% / 1.75%
- Chronic Obstructive Pulmonary Disease: 2.05% / 1.36%
- Heart Failure: 1.47% / 0.72%
- Hypertension: 24.30% / 12.75%
- Non-Diabetic Hyperglycaemia: 11.28% / 10.00%

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Development of more proactive, preventative care models for LTC - Prevalence

Following the expected and observed prevalence modelling in the previous slide, where there are opportunities this slide looks at the recorded prevalence by practice for the PCN compared with Place and ICB.

The development of an ICB Data Platform will create a longitudinal record for our patients which will allow the data to be viewed by different characteristics such as deprivation, ethnicity, co-morbidities.

For LTCs, QOF and ECF data can help us understand areas of opportunity for improving outcomes for our population living with LTCs.

QOF Disease/ Condition	QOF 22-23 - ICB %	QOF 22-23 - PLACE %	QOF 22-23 - PCN %	ATTENBOROUGH SURGERY	
				QOF 2022-23	3 Year Trend
Asthma	6.16%	5.84%	5.72%	5.72%	
Atrial fibrillation	2.09%	2.01%	1.75%	1.75%	
Chronic kidney disease	3.46%	3.84%	2.67%	2.67%	
Chronic obstructive pulmonary disease (COPD)	1.49%	1.39%	1.36%	1.36%	
Diabetes mellitus	6.63%	6.56%	7.32%	7.32%	
Epilepsy	0.70%	0.70%	0.62%	0.62%	
Heart Failure	0.80%	0.72%	0.72%	0.72%	
Hypertension	13.84%	13.36%	12.75%	12.75%	
Non-diabetic hyperglycaemia	6.42%	7.43%	10.00%	10.00%	
Peripheral arterial disease	0.44%	0.41%	0.50%	0.50%	
Secondary prevention of coronary heart disease	2.67%	2.62%	2.53%	2.53%	
Stroke and transient ischaemic attack	1.63%	1.53%	1.31%	1.31%	

Attenborough PCN - Long-Term Conditions 2022-23 QOF Prevalence, with 3 Year Trend.
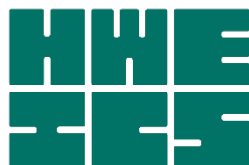
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Development of more proactive, preventative care models for LTC : Annual Reviews

- The table on the right shows a summary of the percentage of patients receiving an annual review by condition.

- Where the cell is highlighted the percentage is lower than the place value.

- The data shows that Attenborough PCN shows a lower percentage than Place and ICB for patients with asthma, COPD and diabetes.

- The source of data in this table is QOF national reporting. More detailed information with the latest position is available to practices via https://app.ardensmanager.com/login

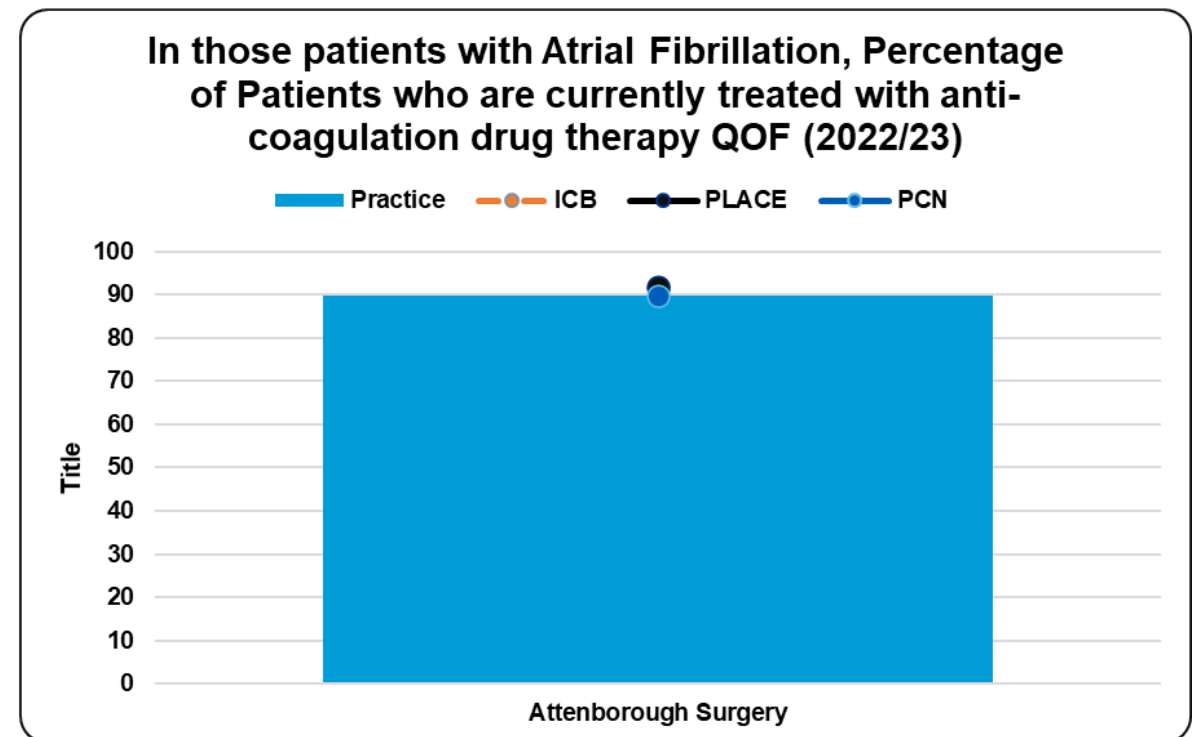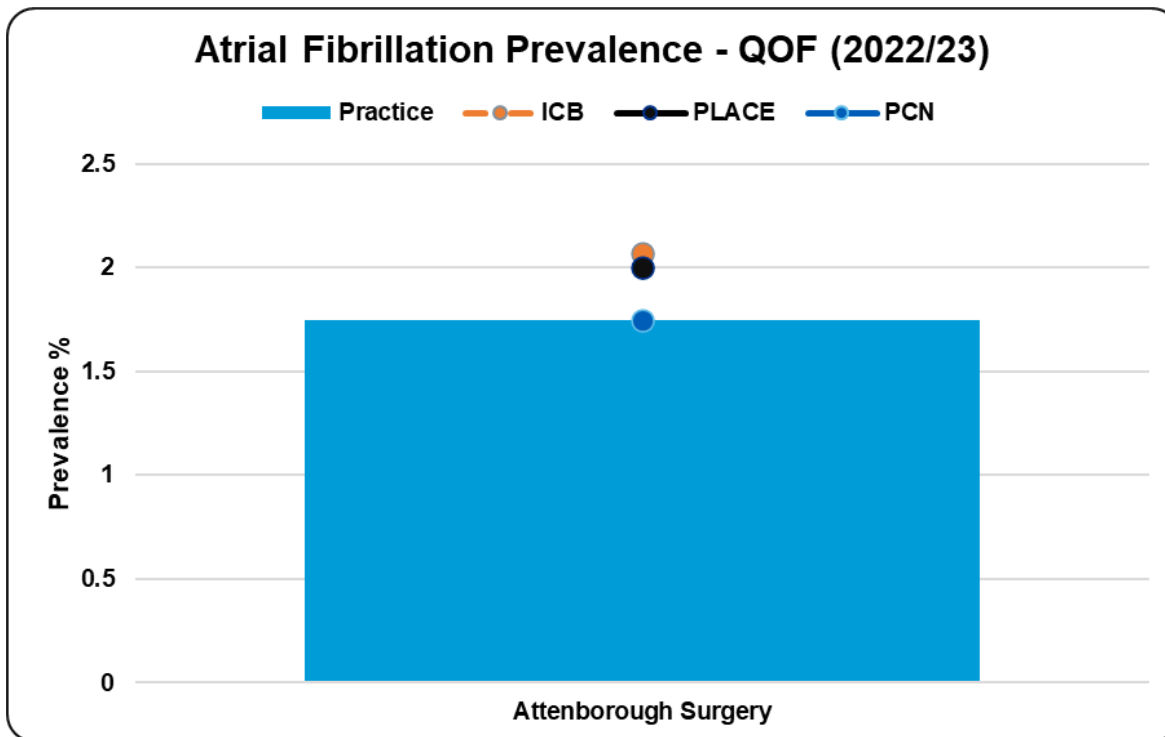|	ICB	SWH	Attenborough Surgery
% of AF Patients with Stroke Risk Assessed in the last 12 months	92.9	94.2	96.6
The % of patients aged 45 or over who have a record of blood pressure in the preceding 5 years	85.7	85.1	**85.0**
The % of patients with a diagnosis of heart failure on the register, who have had a review in the preceding 12 months	72.7	80.0	86.3
The % of patients with asthma, on the register, who have had an asthma review in the preceding 12 months	64.0	64.1	**57.4**
The % of patients with COPD, on the register, who have had a review in the preceding 12 months	75.7	75.3	**71.1**
The % of patients with diabetes, on the register, with a record of a foot examination and risk classification: 1) low risk (normal sensation, palpable pulses), 2) increased risk (neuropathy or absent pulses), 3) high risk (neuropathy or absent pulses plus deformity or skin changes in previous ulcer) or 4) ulcerated foot within the preceding 12 months	75.5	76.1	**71.8**
The % of patients with non-diabetic hyperglycaemia who have had an HbA1c or fasting blood glucose performed in the preceding 12 months.	82.9	84.0	84.1

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Prevention and health inequalities – Atrial Fibrillation

- Attenborough PCN recorded prevalence for Atrial Fibrillation is lower than both Place and the ICB prevalence.

- Once identified the percentage of patients currently treated with anti-coagulant drug therapy is similar to the Place and ICB.

- The data suggests there is further opportunity for identification of people with AF. Latest information for AF indicators can be found within https://app.ardensmanager.com/login

Atrial Fibrillation Prevalence - QOF (2022/23)

In those patients with Atrial Fibrillation, Percentage of Patients who are currently treated with anti-coagulation drug therapy QOF (2022/23)
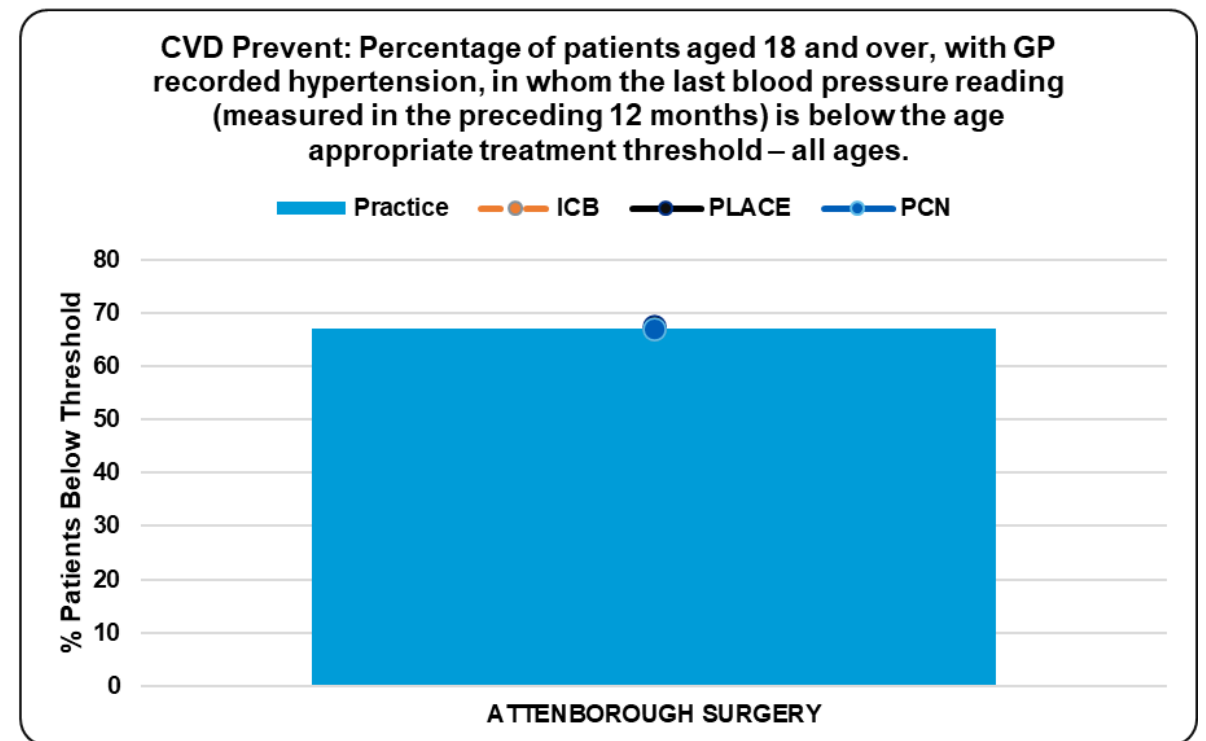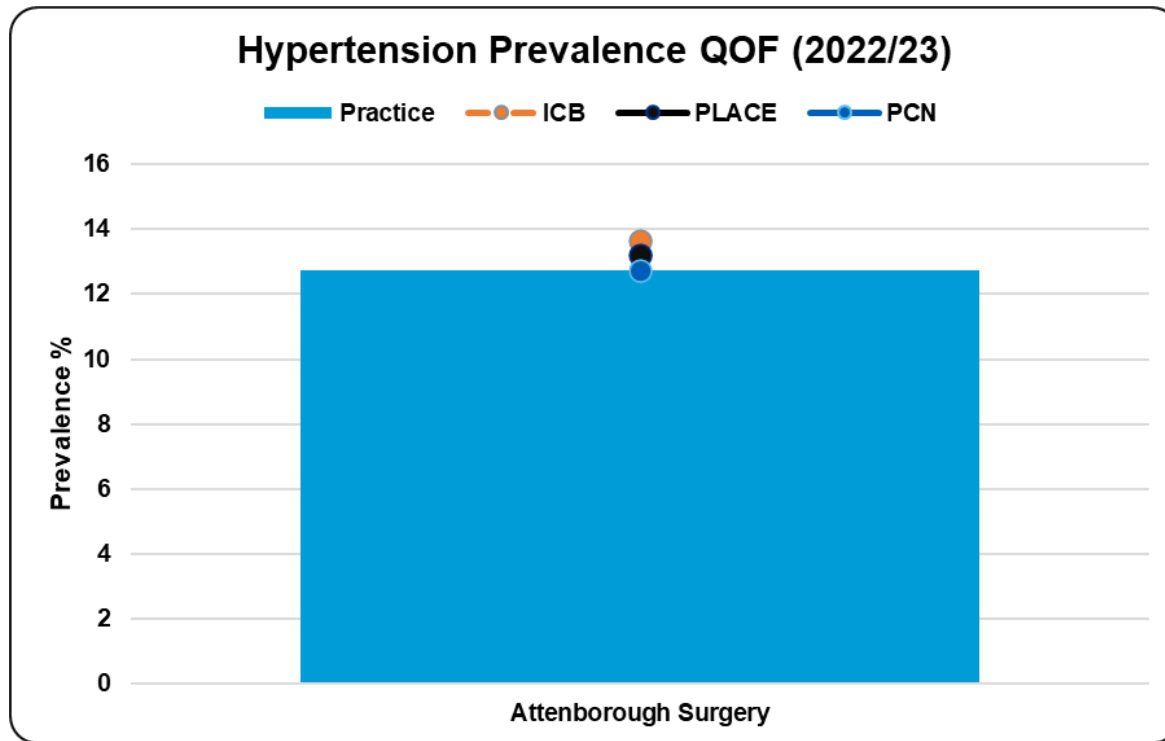
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Prevention and health inequalities – Hypertension

- Attenborough PCN recorded prevalence for hypertension is lower than both Place and the ICB prevalence.

- Once identified the data shows the percentage of patients in whom the latest BP reading is below the age appropriate treatment threshold is similar to both Place and ICB.

- The data suggests there may be further opportunity for identification of people with hypertension as shown on page 11.


Hypertension Prevalence QOF (2022/23)
Legend: Practice, ICB, PLACE, PCN
Y-axis: Prevalence % (0–16)
X-axis: Attenborough Surgery

CVD Prevent: Percentage of patients aged 18 and over, with GP recorded hypertension, in whom the last blood pressure reading (measured in the preceding 12 months) is below the age appropriate treatment threshold – all ages.
Legend: Practice, ICB, PLACE, PCN
Y-axis: % Patients Below Threshold (0–80)
X-axis: ATTENBOROUGH SURGERY

Hertfordshire and
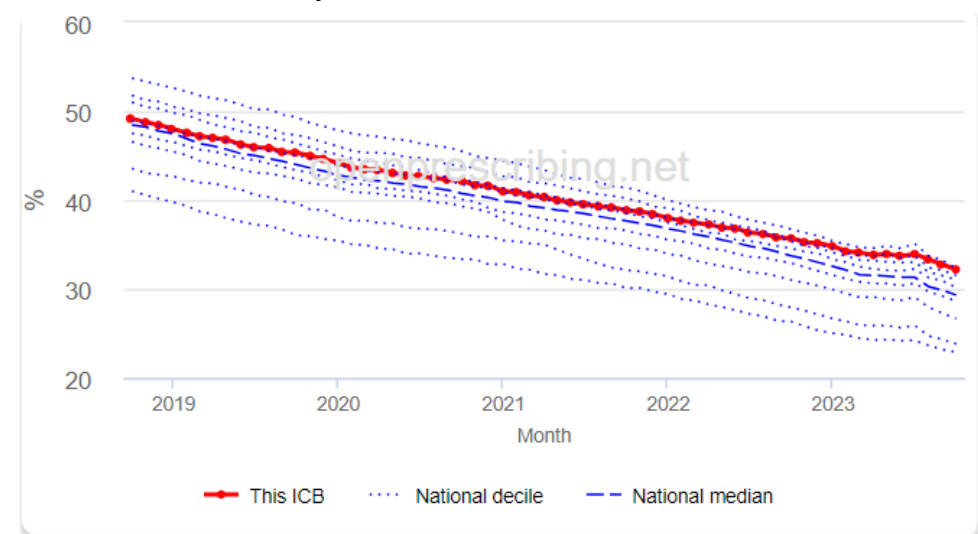West Essex Integrated
Care System

Lipid management : Percentage of people on lipid lowering therapy for secondary prevention who are on low and medium intensity statins

- National lipid management pathways (Link to guidance) recommend the use of high intensity statins for all people with a history of Cardiovascular disease as well as where high dose statins are needed to control cholesterol. People on high intensity statins will see a greater reduction in c-LDL levels and reduce the risk of cardiovascular events.

- Data from OpenPrescribing provides information on the proportion of people who are on statins that are currently prescribed low or medium intensity doses. The ICS is a negative outlier in this area, with a high proportion of people not on a high intensity statin.

- The data for Attenborough PCN shows that there is an opportunity to improve statin treatment, prescribing a higher proportion of people onto high intensity statins. The PCN is in the 55th percentile with 29.2% of people not on high intensity statins. This compares to 28.3% nationally.

PCN – Items of Low and Medium Intensity Statins as a Percentage of Items of All Statins by Year
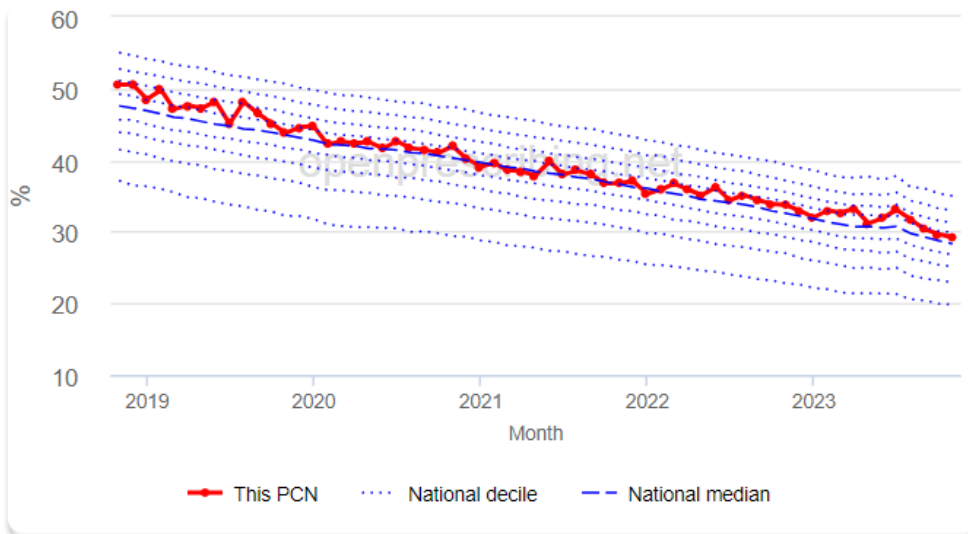
ICB – Items of Low and Medium Intensity Statins as a Percentage of Items of All Statins by Year

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Source: OpenPrescribing.net – Link Here

Development of more proactive, preventative care models for LTC :
8 Care Processes & 3 treatment targets (all diabetes type 1 & 2)
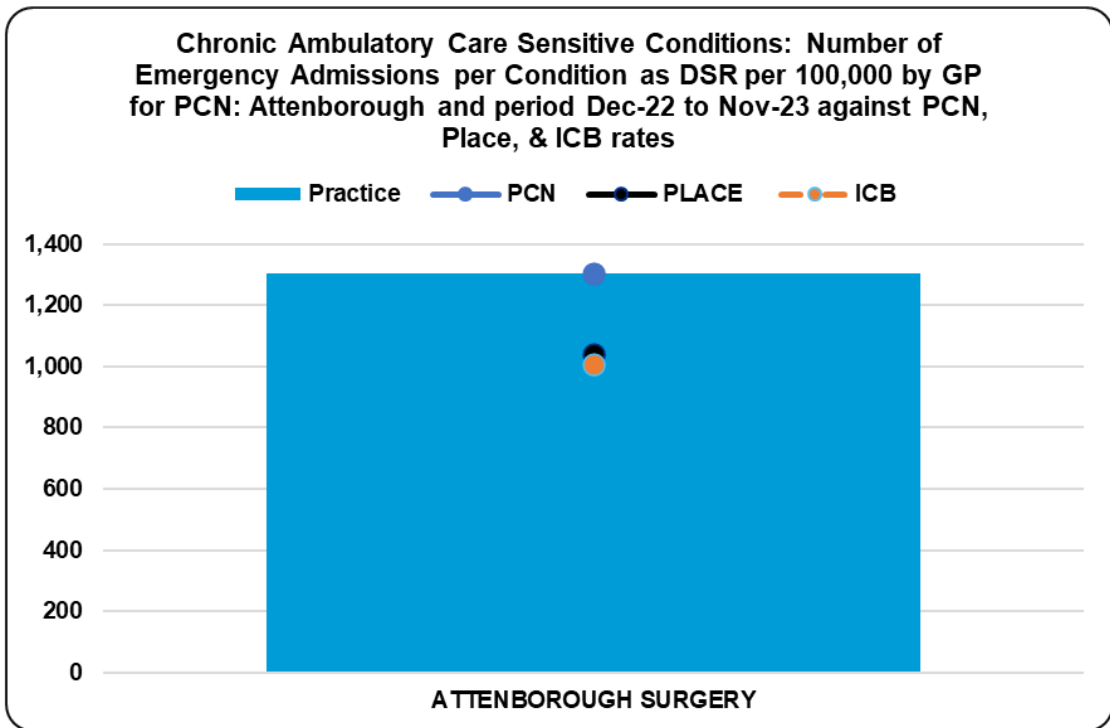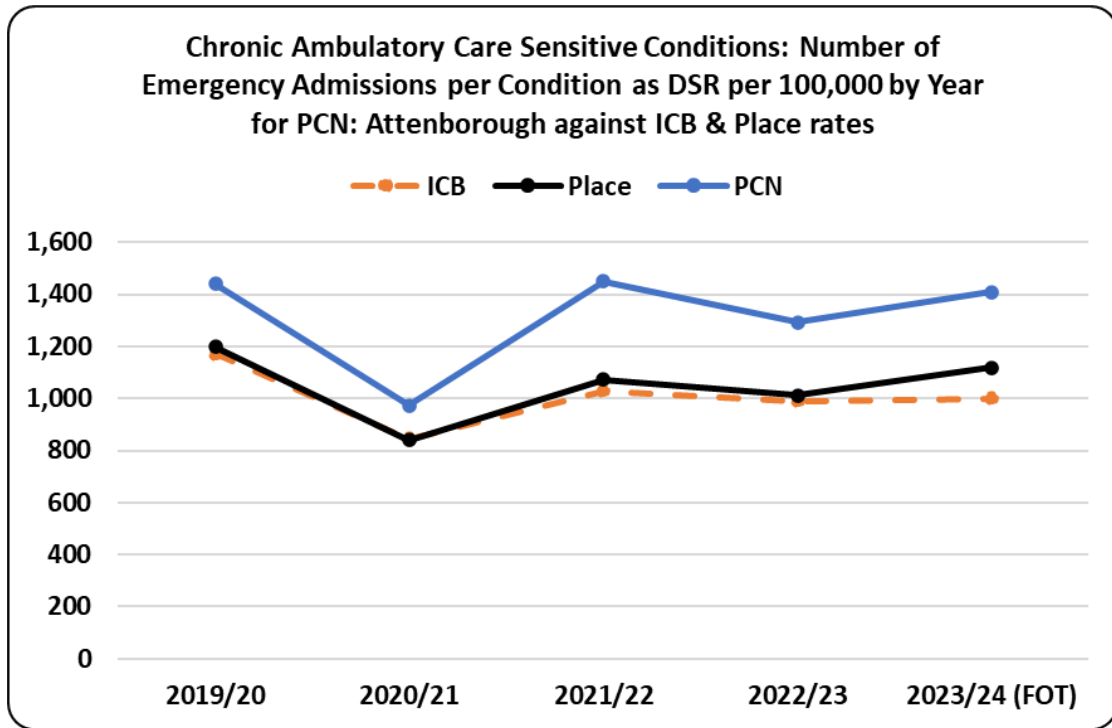
- The percentage of people living with diabetes who have received the 8 care processes in Attenborough PCN is similar to place and higher than ICB. However, for the three treatment targets the PCN data shows a lower percentage than both Place and ICB.

- The latest information for diabetes indicators can be found within Ardens Manager.
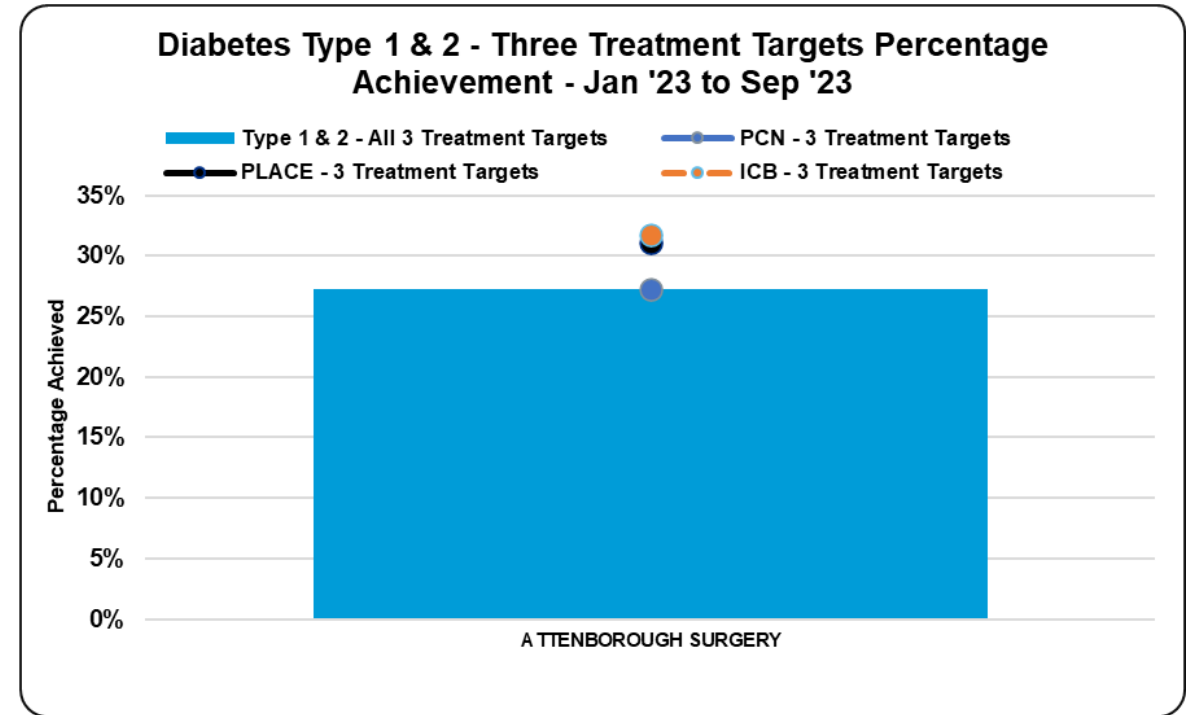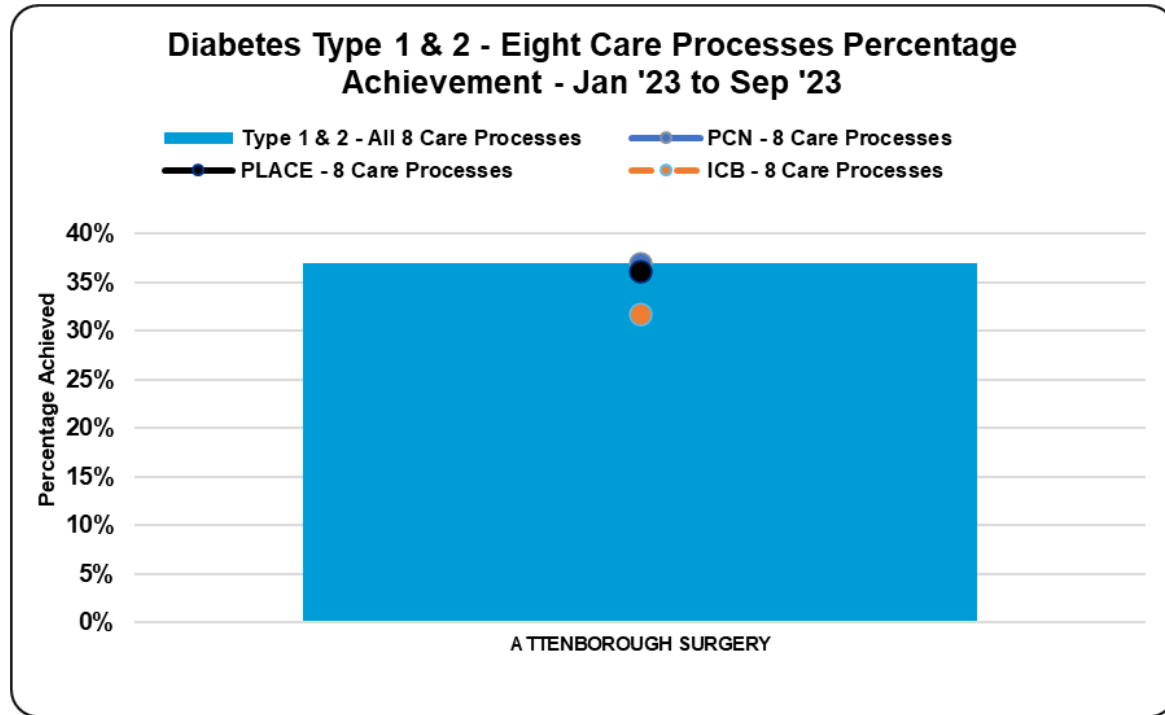
Reduction in admissions rates of Chronic Ambulatory Care Sensitive (ACS) conditions

Chronic Ambulatory Care Sensitive Conditions: Number of Emergency Admissions per Condition as DSR per 100,000 by Year for PCN: Attenborough against ICB & Place rates

Legend: ICB — Place — PCN

Chronic Ambulatory Care Sensitive Conditions: Number of Emergency Admissions per Condition as DSR per 100,000 by GP for PCN: Attenborough and period Dec-22 to Nov-23 against PCN, Place, & ICB rates

Legend: Practice — PCN — PLACE — ICB

ATTENBOROUGH SURGERY

- Ambulatory care sensitive (ACS) conditions are conditions where effective community care and person-centred care can help prevent the need for hospital admission. (Nuffield Trust)

- Attenborough PCN's admission rate for Chronic ACS conditions is higher than both place and ICB when looking at the 12 months data up to November 2023.

- COPD and Diseases of the blood are conditions with the highest volume and are also showing an upward trend.

- The data on page 11 looking at observed versus expected prevalence shows an opportunity for further identification of those with COPD.

Chronic Ambulatory Care Sensitive Conditions for Attenborough PCN	PCN Per 100,000 Rate Apr-23 to Nov-23	5 Year Trend	2024/25 Trajectory
Angina: Angina pectoris	36.39		UP
Asthma	174.38		UP
Atrial fibrillation and flutter	139.51		UP
COPD	258.24		UP
Congestive heart failure	185.81		UP
Diseases of the blood	395.02		UP
Epilepsy	41.43		UP
Hypertension	54.04		DOWN
Mental and behavioural disorders			
Nutritional, endocrine and metabolic	123.95		UP

Emergency Admission rates for Falls in persons aged +75

- When looking at the rolling 12 months up to November 2023 the data shows that Attenborough PCN has a higher rate of admissions for falls than Place and ICB.

- The latest trend information shows a decrease from previous years.

- Data in the following pages shows the data for the PCN compared with Place and PCN for areas within the ECF that aim to support reducing falls. Frailty Clinical Leads will be able to advise on current programmes of work within your area aimed at reducing falls.

Falls Inpatient Activity DSR per 100,000 by Year for PCN: Attenborough against ICB & Place rates

Falls Inpatient Activity DSR per 100,000 by GP for PCN: Attenborough and period Dec-22 to Nov-23 against PCN, Place & ICB rates

Hertfordshire and West Essex Integrated Care System

Source: SUS
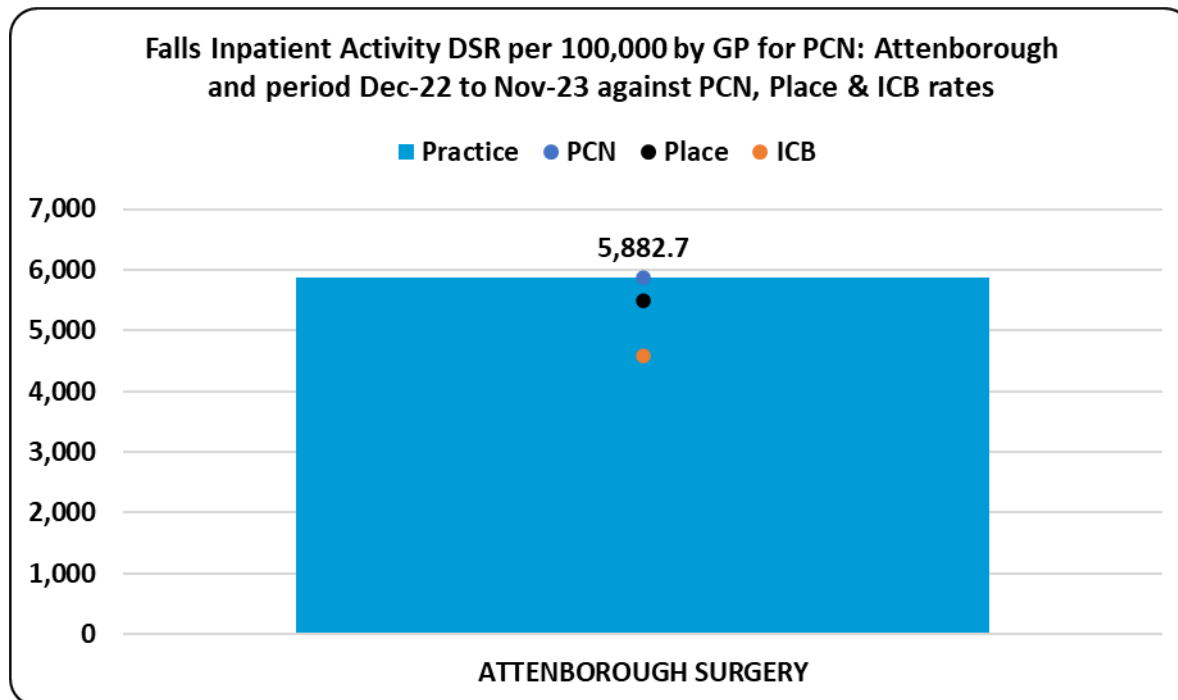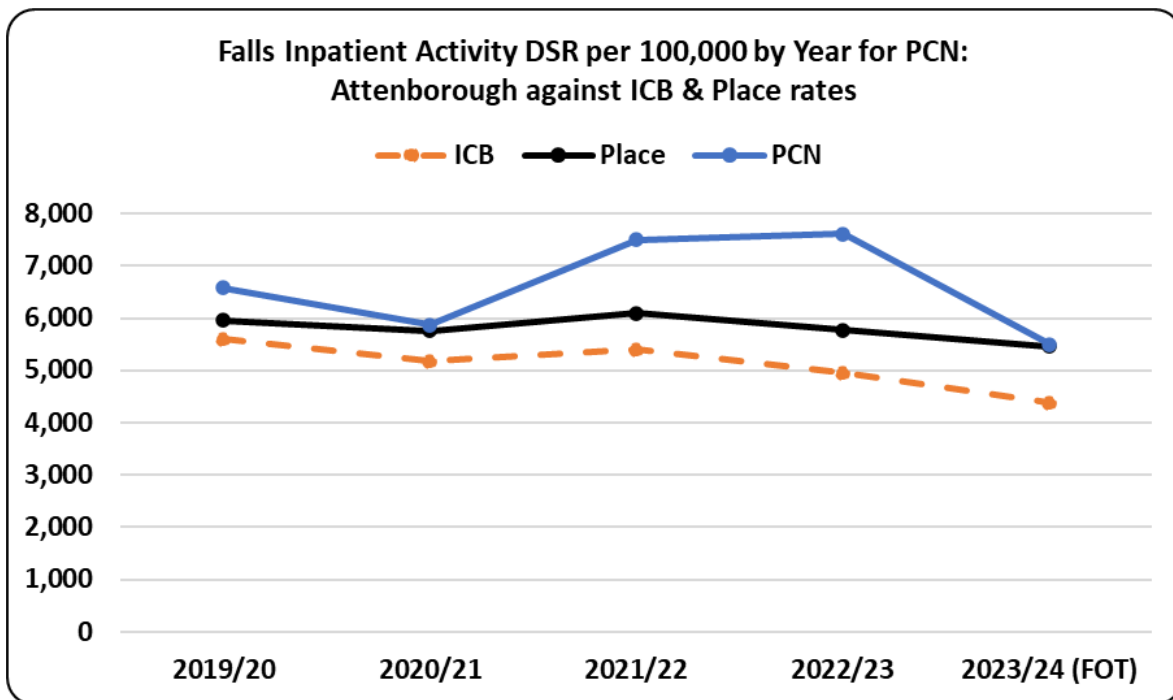
Emergency admission rates for Hip fractures in all over 75's

- The data for hip fractures in the over 75s shows that Attenborough PCN has a higher rate than both the Place and the PCN.

- When looking at the data by PCN the small numbers will cause fluctuations over the years. Although the latest data for the rolling year shows a decreasing trend.

- The ECF indicators on the next page shows potential areas of opportunity through benchmarking the PCN against Place and ICB.

Fracture of femur Inpatient Activity DSR per 100,000 by Year for PCN: Attenborough against ICB & Place rates

Fracture of femur Inpatient Activity DSR per 100,000 by GP for PCN: Attenborough and period Dec-22 to Nov-23 against PCN, Place & ICB rates

Hertfordshire and West Essex Integrated Care System
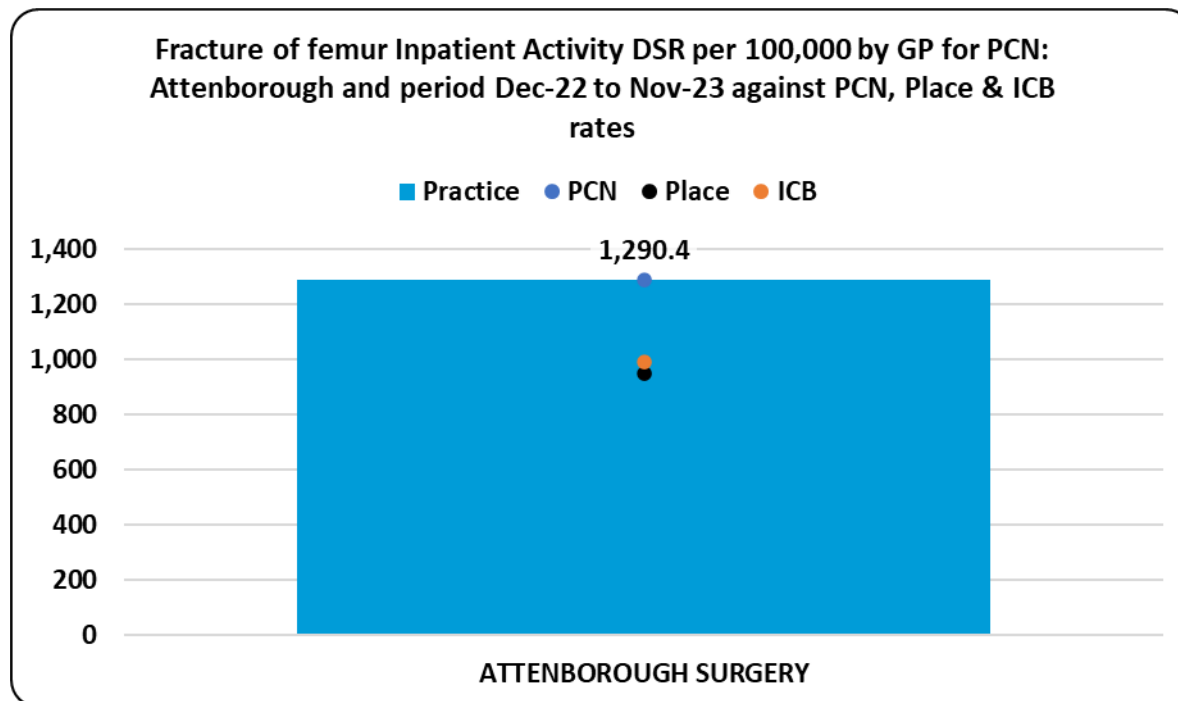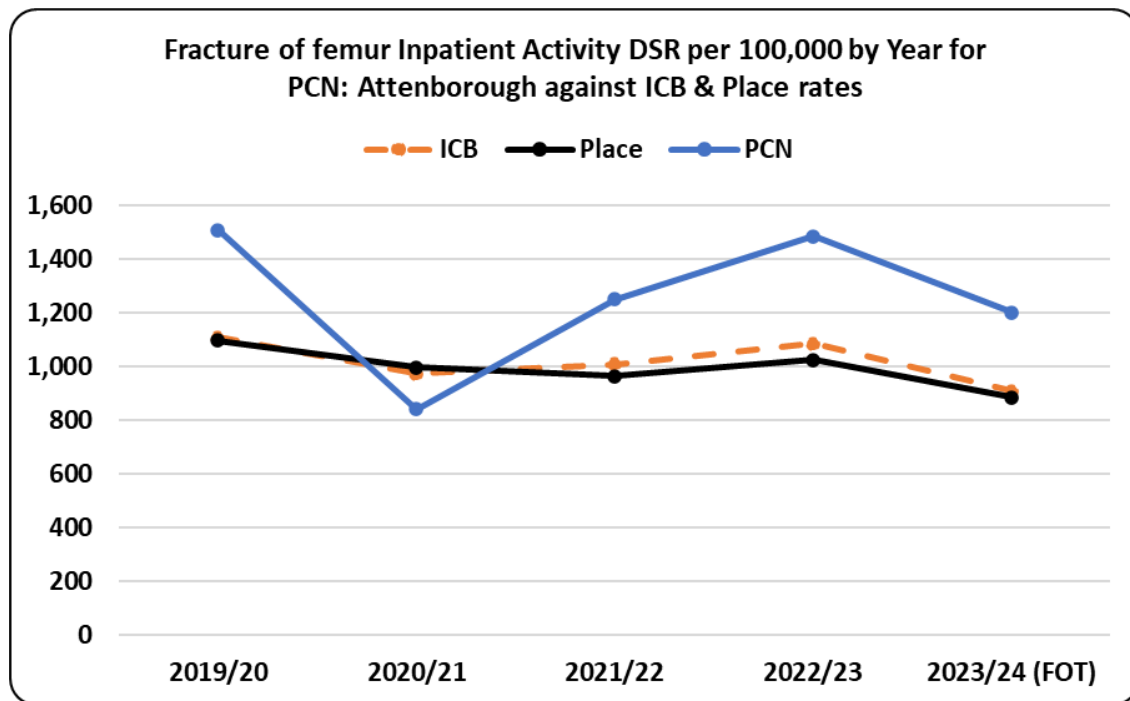
ECF indicators for frailty and EOL

- The data shows that Attenborough PCN has a lower proportion of people with a falls Frat score completed.

- The percentage of the population recorded as EOL is lower than place and ICB indicating further opportunity for identification.

- The data contained within the table below is up to the end of December, the latest position can be found at Ardens Manager.

Attenborough Enhanced Commissiong Framework (ECF) 2023-24 for the period 1 April 23 to 31 Dec 23

	Frailty			EOL						
	Mod/Sev + falls Frat score done %	Mod fraily + SMR or polypharmacy medication review %	% Mod/Sev frailty of population	% population on EOL register	GSF %	DNACPR %	ACP %	PPD %	PPC %	SCR Consent %
ICB	16.0%	19.5%	1.9%	0.7%	64.9%	53.3%	11.3%	37.3%	39.8%	34.8%
SWH	15.9%	24.1%	1.9%	0.5%	42.8%	57.7%	18.6%	43.1%	44.2%	2.2%
PCN	11.4%	23.1%	3.6%	0.2%	37.9%	66.7%	36.4%	43.9%	48.5%	0.0%
Attenborough Surgery	11.4%	23.1%	3.6%	0.2%	37.9%	66.7%	36.4%	43.9%	48.5%	0.0%

Hertfordshire and West Essex Integrated Care System

Prevalence of mental health conditions (QOF)

- The data on this page looks at the recorded prevalence of conditions within the Mental Health section of QOF. It shows the PCN prevalence against the place and ICB. Future iterations will include comparisons against modelled expected prevalence.

- The data shows that Attenborough PCN has a higher recorded prevalence for mental health conditions and similar prevalence for LD.

- The table below shows the trend over the last three years for each area.

- The following page looks at some of the wider QOF indicators around Mental Health.

Recorded Prevalence of Mental Health related conditions QOF (2022/23): Attenborough PCN

Legend: Attenborough PCN · S&W Herts · ICB
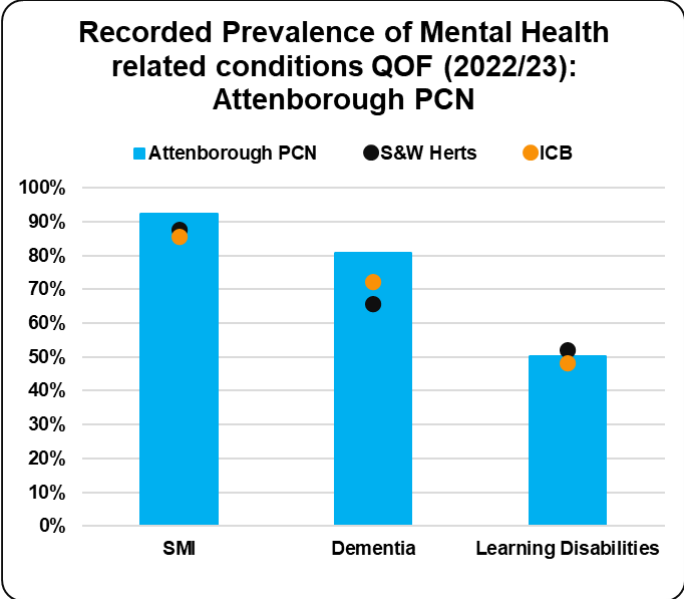
Attenborouh PCN- Mental Health Conditions 2022-2023 QOF prevalence, with 3 year trend		
Attenborough Surgery		
	QOF Prevalence 22-23	**3 year Trend**
Dementia	0.8%	
Depression	12.4%	
Learning Disability	0.5%	
SMI	0.9%	

Recorded Prevalence of Depression QOF (2022/23)

Legend: S&W Herts · ICB

Attenborough PCN

Hertfordshire and West Essex Integrated Care System
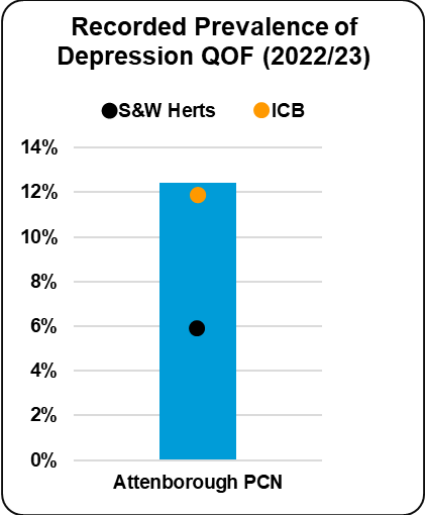
Mental Health QOF Indicators 22-23

- Mental Health QOF metrics for 2022-23 show that Attenborough PCN is achieving higher achievement across all metrics for both SMI and Depression in comparison to Place and the ICB.

- Ardens searches will contain searches that help identify those people with depression who have not been reviewed within 10-56 days. Ardens Manager

	SMI					Depression
	% of patients with SMI who have a care plan	% of patients with SMI who have a record of BMI in the preceding 12 months	% of patients with SMI who have a record of alcohol consumption in preceding 12 months	% of patients with SMI who have a record of a lipid profile in the preceding 12 months	% of patients with SMI who have a record of blood glucose of HbA1C in preceding 12 months	% of patients with a diagnosis of depression who have been reviewed within 10-56 days
ICB	82.6	88.7	89.3	83.1	83.0	83.0
SWH	87.2	90.0	90.4	84.8	84.4	84.9
Attenborough Surgery	95.7	93.2	91.6	93.5	90.7	83.3

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West Essex Integrated
Care System

Emergency Admissions Rates for Self–Harm

- Attenborough PCN rates for self-harm admissions is similar to place but higher than the ICB rate.

- When looking at the data it should be noted that the numbers at PCN level are small and therefore more fluctuation between the years will be seen.

- The data will continue to be monitored at wider HCP and ICB footprints.

Self-harm Inpatient Activity DSR per 100,000 by Year for PCN: Attenborough against ICB & Place rates

Self-harm Inpatient Activity DSR per 100,000 by GP for PCN: Attenborough and period Dec-22 to Nov-23 against PCN, Place & ICB rates

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