Issue 6, October 2024

Dear colleague,

Welcome to this issue of the Population Health Management (PHM) Newsletter for updates regarding the work taking place across our Hertfordshire and West Essex (HWE) PHM community.

1. **Latest Insights Packs:**

   a. **Falls Prevention and Response**

   Did you know that 1 in 14 people aged 65-69 years have a history of falls and the proportion of people who have experienced falls is highest in the oldest age band of 90+ years? Please visit our website for the latest falls prevention and response pack to find out more and understand possible opportunities for our local population.

   Contents
   - Summary
   - Falls prevalence
   - Risk management
   - Response following a fall
   - Outcomes from falls
   - Falls service mapping

   b. **Diabetes and Non-Diabetic Hyperglycaemia (NDH)**

   Prevalence of diabetes and NDH continues to rise and there remains a gap between the observed and expected prevalence of NDH and diabetes, with variation by place area. Moreover, ethnic minorities and those living in deprivation are disproportionately represented in the diabetes cohort. Our latest insights pack summarises key findings and provides recommendations to help improve local outcomes.

   Contents
   1. Summary of Key Messages
   2. Key Messages
      - Prevalence and detection
      - Demographics
      - Monitoring and care processes
      - Treatment and control
      - Prevention of secondary disease
      - Multimorbidity
      - Outcomes

2. **Data Platform (DELPPHI) Updates**

   Developments on DELPHHI continue following implementation of the frailty and end of life dashboard. The next areas of focus are dashboards for mental health and children & young people. Please watch the space for further updates on these.

3. **Ardens Manager**

   In this issue, we have focused on enhanced functionality on Ardens Manager and how it can be used as part of healthcare informatics. You can access our article below:

   Ardens Manager.docx

   Thank your interest in our PHM Newsletter. Our next issue will be available in December. You can access previous newsletters here. For queries, you can contact us via hweicbhv.phm@nhs.net .