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| **Name & Surname** |  | **Trainer Name** |  | **Date of Course** |  |

**Please rate your knowledge from 1-5 for both before and after the course**

1 = not at all familiar, 2 = slightly familiar, 3 = somewhat familiar, 4 = moderately familiar, 5= extremely familiar

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| **Learning Outcome** | **Before the course** | **After the course** | **Please write a reflection of what you will take away from each outcome** |
| 1. You know the groups of people at higher risk of developing poor oral health (dementia, learning disabilities, frail older people etc.)
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| 1. You understand the implications of poor oral health
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| 1. You understand the effect poor oral health can have on overall health and nutrition
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| 1. You know the signs, causes and risks of dental decay
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| 1. You understand barriers to oral care and know the suggested ways of working with individuals who are opposed to or struggle with oral care
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| 1. You understand good denture hygiene and can advise individuals on this, and the risks associated with not following these guidelines
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